



# “The Birth of Baby Jesus”...

## FROM THE GOSPEL ACCORDING TO - LUKE - :

*“Now there were shepherds in that region... keeping the night watch over their flock. The angel of the Lord appeared to them and... said to them, ‘...today in the city of David a savior has been born for you’” (Luke 2:8-11)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

The shepherds can be figures of all the saints – past saints, present saints, and all those who wish to become saints: those who have reflected [on God’s announcements] in order to search for salvation for themselves and many others, and whose Word God has confirmed with signs and wonders (cf. *Mark 16:20*)!  
(SLC, p. 16)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to meditating like the shepherds, St. Louis de Monfort says: *“It is an error to believe that meditating on the mysteries of the life of Jesus is only for priests and religious.... Everyone should be armed with assiduous reflection on the life, the virtues, and the sufferings of the Savior which... are presented in the mysteries of the Rosary.”*

(LUIGI M. G. DE MONFORT, *Il segreto meraviglioso del S. Rosario*, pp.74-75 [unpublished translation by pfgsm])

<sup>1</sup>NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*